

Name: _____ Date: _____

**Please indicate your current concerns by circling
the associated symptoms below.**

Right Frontal

Problems with impulse control (flight)
Easily overwhelmed or depressed
Problems understanding space
Problems shifting gears
Problems paying attention (ADHD symptoms)
Problems understanding social cues
Problems controlling left side of body

Left Frontal

Problems with impulse control (fight)
Easily agitated or irritated
Problems understanding time
Problems with procrastination
Problems paying attention (ADD symptoms)
Problems following rules
Problems controlling right side of body

Right Parietal

Odd sensations in left body
Problems understanding where left body is
Problems reading (comprehension)
Problems gauging threat levels
Problems with geometry
Problems with orientation of body and shapes
Gets lost easily

Left Parietal

Odd sensations in right body
Problems understanding where right body is
Problems reading (decoding)
Problems calculating
Problems writing
Problems naming right/left

Right Temporal

Problems remembering tunes
Problems recognizing voices
Speaks in monotone accent
Problems discriminating pitch
Problems recognizing faces

Left Temporal

Problems remembering lyrics
Problems perceiving word sounds
Problems hearing phonemes
Problems with rhythm and beat
Problems remembering names

Right Occipital

Problems seeing in left field
Problems understanding distance, motion, shape
Problems recognizing whole objects, situations

Left Occipital

Problems seeing in right field
Problems understanding letters, symbols
Problems recognizing details

Right Cerebellum

Problems controlling movements of right body
Loses balance easily - falls to right
Slurring or mispronunciation in speech
Rapid, uncontrolled eye movements

Left Cerebellum

Problems controlling movements of left body
Loses balance easily - falls to left
Slurry or mispronunciation in speech
Rapid, uncontrolled eye movements

Right Limbic System

Gets "stuck"
Problems "shifting gears" easily
Problems cooperating
Problems making choices
Anxiety, Depression
Excessive error detection
Perfectionist tendencies

Left Limbic System

Quits easily
Problems with negative self-talk
Problems with racing thoughts
Feels helpless
Problems with procrastination
Problems staying motivated
Unaware of mistakes or messes

General

Vision Problems
Hearing Problems
Tactile Sensitivities
Posture Problems
Balance Problems
Problems with Sleep
Problems Learning New Concepts
Dizziness
Gross or Fine Motor Problems
Anxiety and/or Depression
Memory Issues



BRAIN-BASED
OPTOMETRIC TOOLBOX